

# The Rectal Bleeding Patient

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Advocare Colon and Rectal Surgical Specialists

# Chief Complaint - '*I am bleeding.*'

- Different patient, same complaint - '*I am bleeding.*'
- Characterize the bleeding
- Differential Diagnosis
- How can Advocate Colon and Rectal Surgical Specialist help

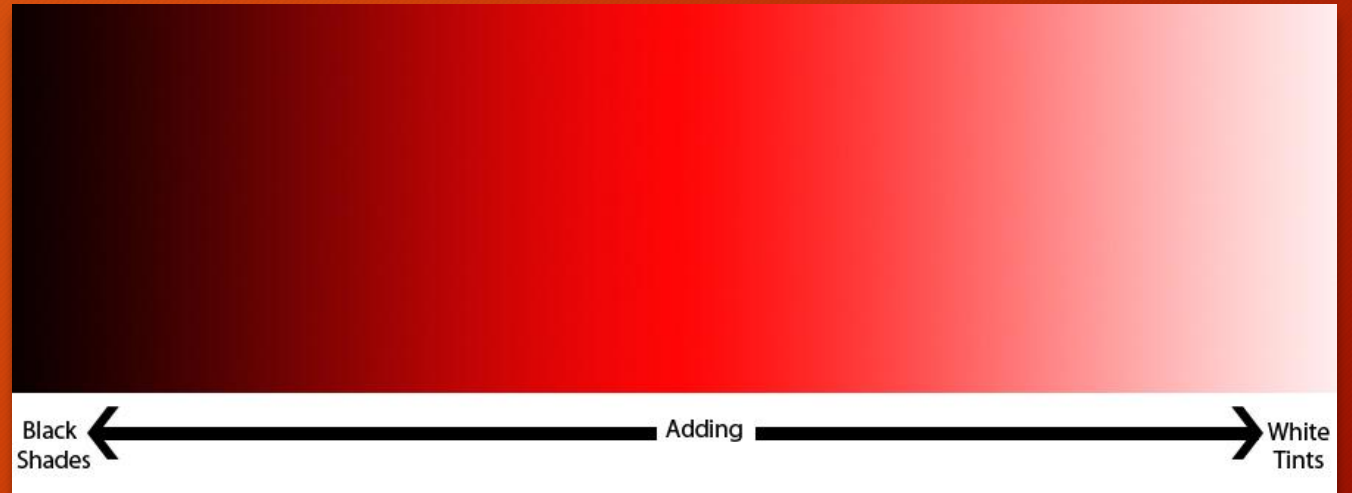
# The Patient

- 20 y.o. college student blood c/o blood in toilet bowl after BMs for 3 days with severe pain not getting better
- 45 y.o. male bloody diarrhea, 3-4 episodes daily for 1 week, developing abdominal cramps
- 70 y.o. female intermittent blood in stool and toilet paper for 1 month, getting more frequent

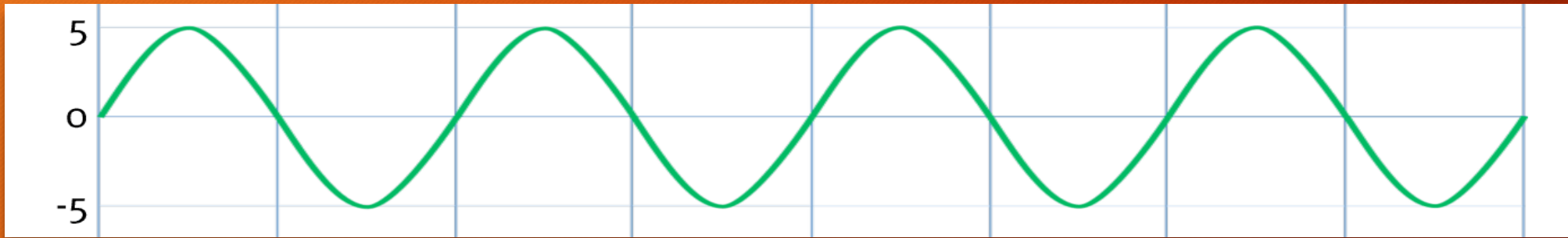


# Red Color Scale

- BRBPR “*Be Right Back...?!?*”
- *Bleeding* is a subjective complaint
- Characterize the bleeding symptoms



# Frequency and Amplitude



**FREQUENCY** = How often are the bleeding episodes

**AMPLITUDE** = What is the volume of blood with each episode

# Differential Diagnosis - Things to Remember

*‘My  
arteriovenous  
malformation is  
bleeding again.’*

It is **NOT** always  
hemorrhoids

It is **NOT** always  
cancer

# Differential Diagnosis

## Benign

Anal Fissure  
Internal Hemorrhoids  
External Hemorrhoids  
Thrombosed Hemorrhoids  
Lipoma  
Diverticular Disease  
Arteriovenous Malformation

## Neoplastic

Anal Cancer  
Colorectal Cancer  
Lymphoma  
Rectal Carcinoid  
Adenomatous Polyps

## Inflammatory

Crohn's Disease  
Ulcerative Colitis  
Microscopic Colitis  
Ischemic Colitis  
Infectious Colitis  
Radiation Proctitis

# Call 9-1-1?

## Active bleeding

- Frequency
- Amplitude

## Anticoagulation

- Coumadin
- Xeralto
- Plavix
- Eliquis

## Associated symptoms

- Chest pain
- Syncope
- Confusion



**Call Advocare  
Colon and  
Rectal Surgical  
Specialists**

Appointments within 24  
hours

Office Diagnostic Procedures

Office Therapeutic  
Procedures

Follow up

# Diagnostic Tools

- Physical Examination & External Inspection
- Anoscope
- Flexible Sigmoidoscope



# Therapeutic Tools



Rubberband Ligation



Infrared Coagulation



Suturing

# Follow Up

## Office Appointment

- Re-evaluate symptoms

## Hospital Admission

- Remain as consultants

## Colonoscopy

- Definitive lower GI evaluation

# Colon & Rectal Surgical Specialists



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**Questions?**